Year 3 / 4: Lesson 2 **Resource 1: Feelings match up**

Match the similar feelings, then rank them on a scale of intensity.

happy	cheery	joyful	ecstatic
sad	upset	forlorn	heart-broken
scared	anxious	frightened	petrified
angry	irritated	cross	furious
worried	concerned	troubled	distressed
pleased	satisfied	delighted	overjoyed

© PSHE Association 2019



© PSHE Association 2019

Picture a feeling – image stimulus (b)



© PSHE Association 2019

Picture a feeling – image stimulus (c)

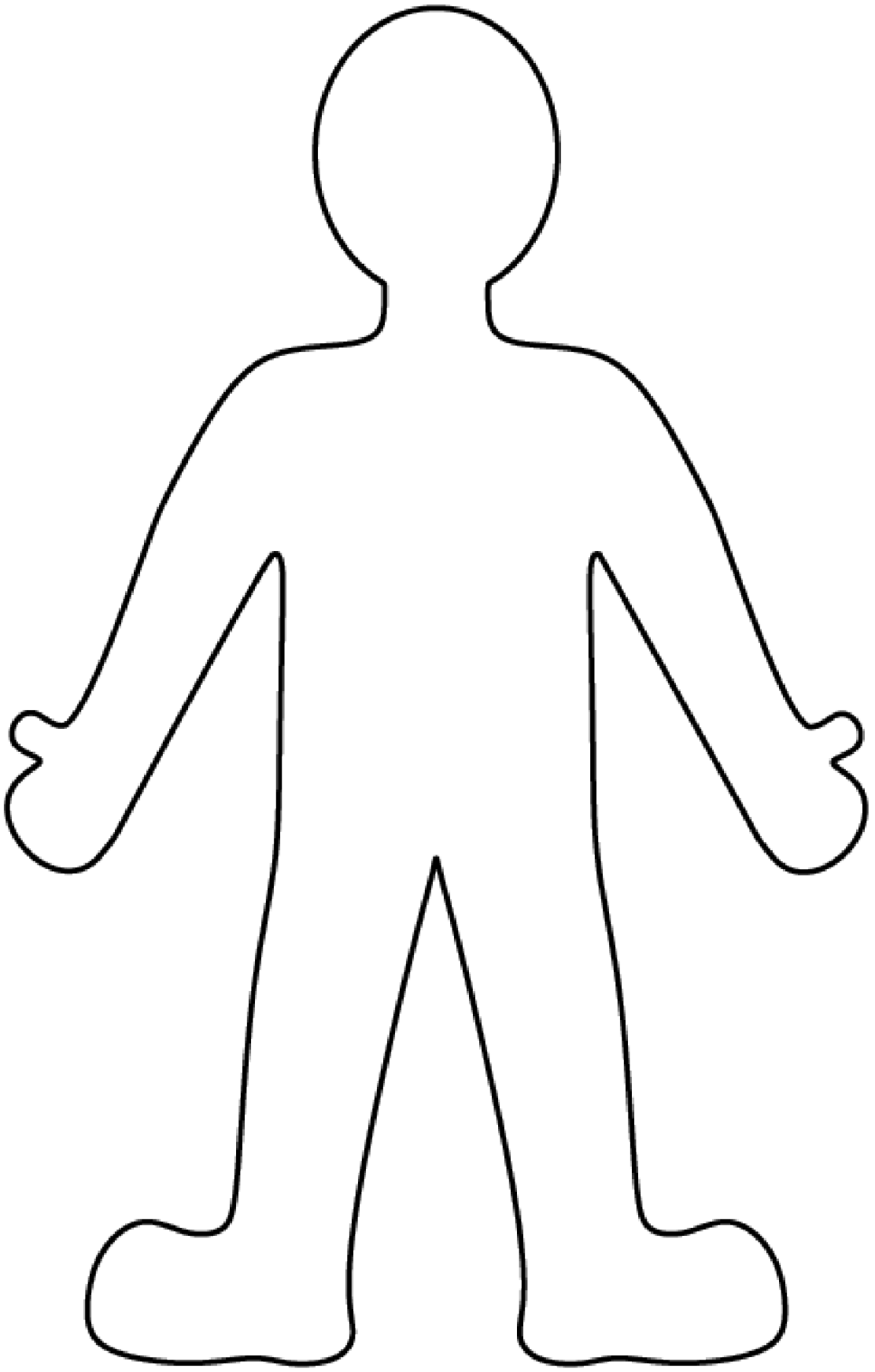


© PSHE Association 2019

Picture a feeling – image stimulus (d)



© PSHE Association 2019



© PSHE Association 2019