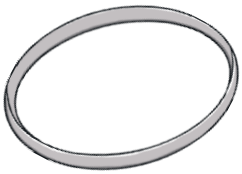
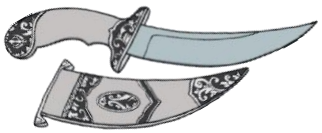
Match up the pictures to the name of the item and explain what it is for.

Kachera **Kirpan** **Kesh**

Kangha **Kara**











Sikhs make a promise to not cut their hair but let it grow as a symbol of their faith. Sikhs hair gets very long during their life so they wear a turban to keep it tidy. They believe this demonstrates their obedience to God.

A small wooden comb. Sikhs use this to keep their hair in place and it is a symbol of cleanliness. Combing their hair reminds Sikhs that their lives should be tidy and organised.

Short trousers worn as underwear. These are more practical than long loose clothes most people in India wore at the time of Guru Gobind Singh. They are a symbol of leaving old ideas behind and following new better ones.

A warrior's sword. These days a very tiny one is worn as a symbol of dignity and self-respect. It reminds Sikhs that they must fight a spiritual battle, defending what is right and upholding the truth.

The Kara is a steel bangle worn on the arm of Sikhs. It is a continuous circle with no beginning and no end. It reminds Sikhs to behave well, follow their faith and restrain from doing wrong.