What Makes Me, Me Circle Time Ideas

Same and Different

Tell the children that they are going to be thinking about things they know about themselves and things they know about others in the class. Explain that they will also need to listen very carefully to others, because they are going to be making comparisons. When it gets to be their turn to speak, they are going to say something that is the same about them and another person in the circle and something that is different.

An adult could start with an example such as, 'Both Adil and I enjoy eating fruit at snack time, but Adil's favourite colour is green and my favourite colour is orange'. As more children have a turn, they can use examples of things others in the circle have said. For example, the next child might say, 'Mrs Pope and I both like the colour orange, but I like to play football and Mrs Pope doesn't'.

Older children can be encouraged to try to create a chain of ideas, linking onto what the last person has said about themselves.

Something I Like about Being Me

Explain to the class that the focus today is all about how there are similarities and differences between us all, but that we are all unique and special. The things we like to do, the things we are good at and our characters are what make each of us the person we are.

Tell the children that to start the circle time, they are each going to say something about themselves that they like. They can start their statement with, 'Something I like about being me is...' (A child can pass if they can't think of anything, or the rest of the class can think of things for them.)

They might mention things they like to do, their family or friends, clubs they attend, a talent they have, how helpful they are, how caring they are to their pet, or something about their appearance.

Something I Like about You

Explain to the class that this activity is going to be a bit like the previous activity, but instead of saying something about themselves that they like, they are going to say something they like about the person to their left.

Tell the children, that when we say something nice to someone else like this, it is called paying them a compliment. It makes us feel good to receive a compliment, but it also makes us feel good to give someone else a compliment.

